

3 GLEN NEVIS / GLEANN NIBHEIS



FROM BRAVEHEART CAR PARK



Tucked away just behind the bustling town of Fort William is one of the most gorgeous and easily accessible glens in the highlands. The visitor centre here is where most walkers start their Ben Nevis ascent, but there's lots to explore in the glen without tackling Britain's highest mountain!

Braveheart car park is the gateway to the glen and the starting point for many of the best woodland trails in the area including Cow Hill (the wee hill behind Fort William). There's also plenty of space for kids to play among the trees and pleasant spots for a picnic.

FROM ACHRIABHACH (say *Acch-ree-u-vuch*, meaning 'The Speckled Field')



Venture further up the road to discover a quieter and wilder side to Glen Nevis. As the narrow road winds its way through the glen, the scenery becomes ever grander.

Get a taste for exploring the Mamore mountains on this steep trail that climbs alongside a beautiful waterfall cascading into a gorge. On the way you'll find fantastic views looking down over the mountains at the top of Glen Nevis – and a welcome seat! This is a popular choice on a wet day – being so close to the thundering water in full flow brings an extra thrill to this lovely trail.

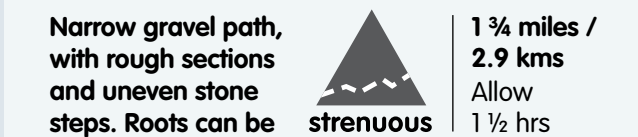
TRAIL INFORMATION

Achriabhach Trail ●●●

A lovely winding path, following the Allt a' Choire Dheirg river as it tumbles over rocks and waterfalls. Stunning views into Upper Glen Nevis and the Mamore mountains.

Narrow gravel path, with rough sections and uneven stone steps. Roots can be slippery. The whole route is fairly steep. Includes forest road sections and pedestrian gates.

1 ¾ miles / 2.9 kms
Allow 1 ½ hrs



TAKE ON THE PEAT TRACK

Take the very steep Peat Track up Cow Hill from Glen Nevis for a strenuous walk with great views back over Ben Nevis. This track was used by local crofters when they cut peat from the hillside to use as fuel.

TRAIL INFORMATION

Cow Hill Circuit ●●●

A loop all the way round Cow Hill, the wee hill with big views. There's also an option to branch off the circuit to visit the top of the hill. Great views of lochs, Ben Nevis and the Mamores.

Mostly wide, firm path although some short sections can be narrow, loose or rough.

4 miles / 6.5 kms
Allow 2 ¾ hrs

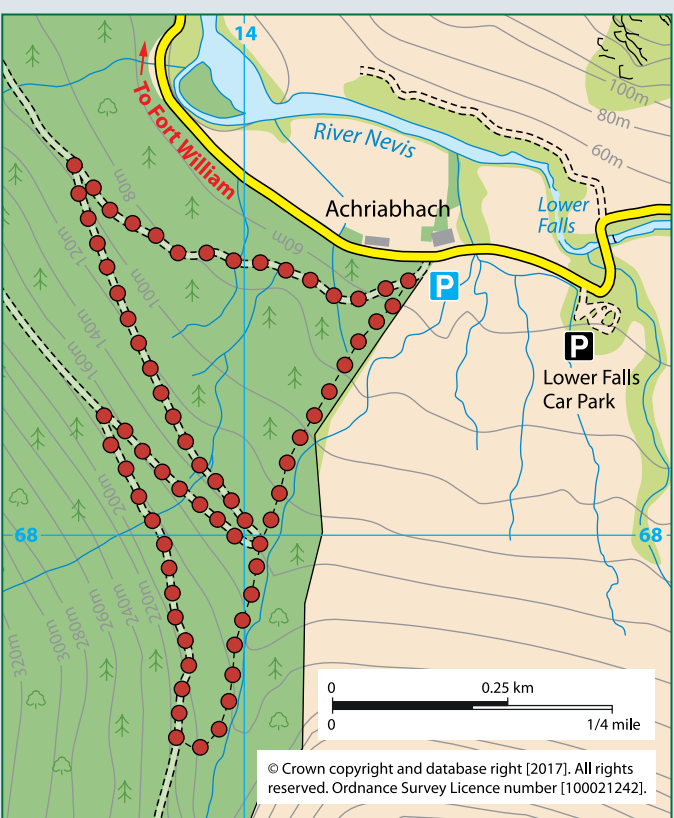


Dun Deardail Trail ●●●

Walk up through the forest to the open summit of this important iron age hill fort. Great views, enjoyed by people here for thousands of years.

A long, moderately steep climb. The path to the fort is steep and rough, with uneven stone steps.

6 ¼ miles / 10 kms
Allow 3 ½ hrs



EXPLORE MORE

There's more to see further up the glen, with a pretty riverside walk from the Lower Falls car park and a spectacular trail along the gorge to a hidden meadow and cascading Steall Falls.



Dun Deardail Fort (say *Doon-jee-ard-dall*, meaning 'Deirdre's fort')

This longer trail has a real sense of adventure and takes you to an exposed summit where you can still see the outline of a grassed-over fort, thought to have been built in the 7th century BC. The views of the glen and Ben Nevis from here are spectacular on a clear day.

Return of the pinewoods

The Scots pine isn't just beautiful – it's a hugely important tree and is widely regarded as the 'backbone' on which many other species depend. Together with our friends at the Nevis Landscape Partnership, we're working hard to restore native pinewoods to Glen Nevis. As well as improving the landscape, bringing back the pinewood will help our native wildlife, particularly by improving habitats for black grouse and the endangered red squirrel.



Black grouse: Mark Hamblin/2020VISION

4 NORTH FACE, TORLUNDY



Follow the way-marked trail in the shadow of mighty Ben Nevis for a feel of the open high country and spectacular views of the north face's towering cliffs. Climbers from around the world come to test themselves on the classic routes here. Listen for the soothing sound of the Allt a' Mhuilinn (say *alt-a-voolin*) meaning 'the mill stream' as you head uphill. The stream once powered an old mill and now supplies hydro-electric power to the aluminium smelter in Fort William.

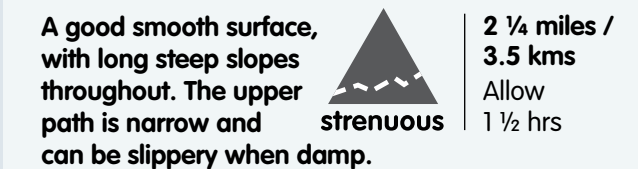
TRAIL INFORMATION

North Face Trail ●●●

A steep climb is rewarded with magnificent views into the towering North face of Ben Nevis, over Fort William and out west towards the road to the Isles.

A good smooth surface, with long steep slopes throughout. The upper path is narrow and can be slippery when damp.

2 ¼ miles / 3.5 kms
Allow 1 ½ hrs



5 GLENFINNAN / GLEANN FHIONNAINN



Escape the crowds and discover the secret side of historic Glenfinnan on this scenic trail amongst stately Scots pines and oak trees. There's so much to see in this compact site which starts close to the busy visitor centre. Turn left after you cross the road and step into a tranquil alternative to the usual tourist stop. Watch out for red deer, golden eagles and, in summer, dragonflies and butterflies along the way. Enjoy a bird's eye view over Loch Shiel and surrounding mountains from the Pinewood Trail – including a lovely view of Ben Nevis on a clear day.

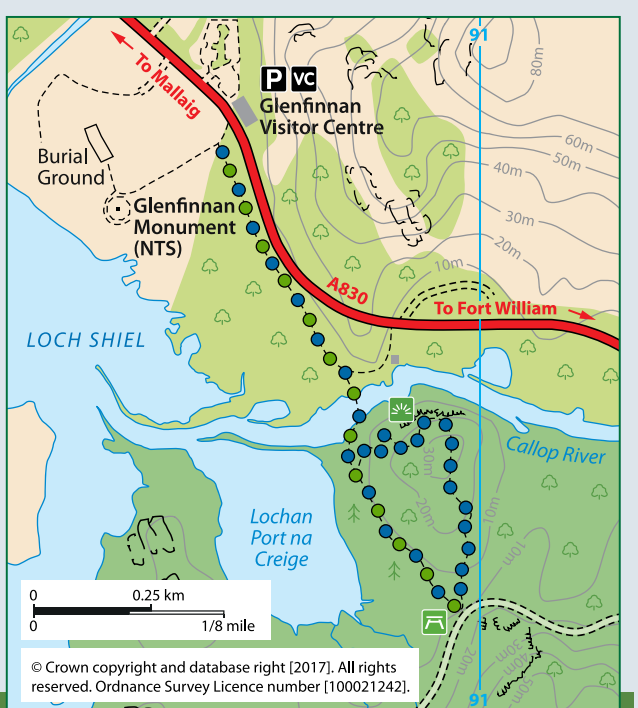
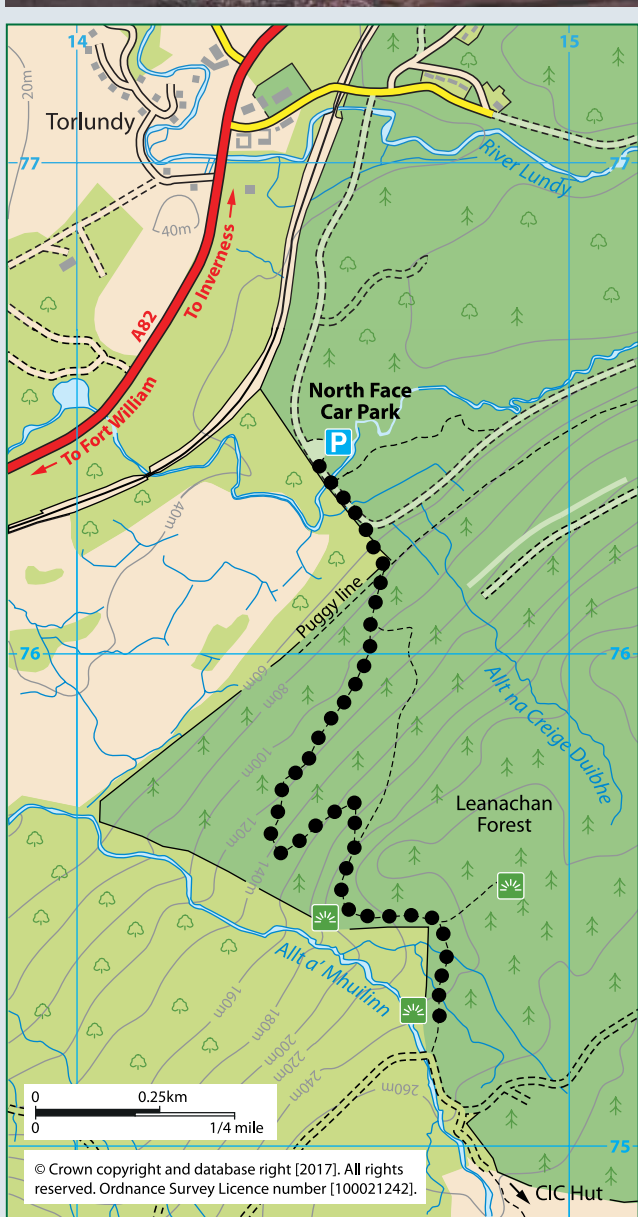
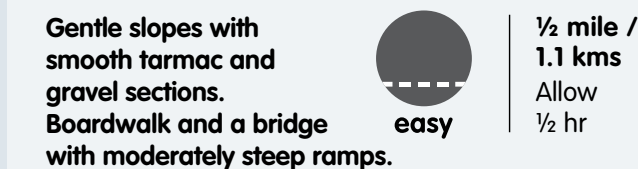
TRAIL INFORMATION

Dragonfly Trail ●●●

A gentle wander over the Callop river and along wetlands, where dragonflies and damselflies buzz round the sides of the path.

Gentle slopes with smooth tarmac and gravel sections. Boardwalk and a bridge with moderately steep ramps.

½ mile / 1.1 kms
Allow ½ hr

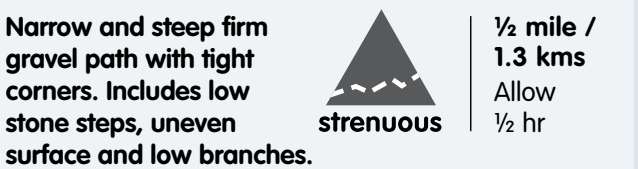


Pinewood Trail ●●●

Cross the Callop river and climb the pine-clad knoll of Torran Dubhais. There are great views of Loch Shiel, the monument and the viaduct.

Narrow and steep firm gravel path with tight corners. Includes low stone steps, uneven surface and low branches.

½ mile / 1.3 kms
Allow ½ hr



Discover the forests and glens around

Fort William

Forest trails with stunning views to the lochs and hills around the Outdoor Capital of the UK



Contact details:
Lochaber Forest District
Tel: 0300 067 6870
Email: lochaber@forestry.gsi.gov.uk
Public enquiry line: 0300 067 6156

For more ideas of great days out in the forest, visit our website:
www.forestry.gov.uk/scotland



If you need this publication in an alternative format, please contact:
The Diversity Team
Tel: 0300 067 5000
E-mail: diversity@forestry.gsi.gov.uk

For information on public transport services contact:
Traveline Scotland, 0871 2002233 or
www.travelinescotland.com