

# Easterhouse Cardowan Moss



Map 2 in a series of 5

## Cardowan Moss Water Voles and Iron Men

Explore this network of well-managed trails around Cardowan Moss and you'll find more than beautiful woodland. You might even meet our iron man, a sculpture that is taking a breather by one of the paths.



The trees around Cardowan Moss are special. Many different types were planted here in the 1980s – if you fancy a family challenge, see how many sorts of leaf you can find. In autumn, their bright colours are spectacular. Look out the flowers too, from yellow iris and purple ragged robin to deep blue devil's bit scabious and pink dog rose.

Wildlife loves this woodland. The ponds teem with frogs while the air above the water

hums with dragonflies. You can watch swallows catching midgies over the moss. The water voles who live around the burn keep out of sight but the half-eaten reeds let you know they're around.

This is an ancient place – Cardowan was first described in 1124 as belonging to the bishops of Glasgow.



**A Beezer ae a Place**  
Cardowan Moss is a beezar ae a place. There's bonnie flooers, lowpin puddocks and swallows swallaein midgies. There's even a china hingin about haufway doon the path. Ye'll no get much chat oot ae him though – the big yin's made fae iron.

**Mo Roghainn Carr Domhainn**  
Carr, no boglach, domhainn a bh' ann vaireigin. Ach an-diugh: sgaoilteachd chraobhan, flùraichean ioma-dhathte, agus gille iarainn 'nan àrainn.

## Enjoy Our Woodlands

It's easier than you think to escape the city. Forestry Commission Scotland is making the woodlands of Easterhouse more welcoming and accessible so you can enjoy a walk and leave the rumble of the traffic behind you for a while. Watch for wildlife, take a picnic, ride your bike or just stretch your legs and take in the scenery.

A regular stroll through the woods could help you feel good, lose weight, reduce stress levels,

improve your fitness and even lower the risk of heart disease, cancer and diabetes. You could join one of the friendly, volunteer-led health walks in the city – for details see: [www.glasgowlife.org.uk/healthwalks](http://www.glasgowlife.org.uk/healthwalks)

**Enjoy Scotland's outdoors responsibly**

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

**KNOW THE CODE BEFORE YOU GO**  
SCOTTISH OUTDOOR ACCESS CODE [outdooraccess-scotland.com](http://outdooraccess-scotland.com)

## Follow the Forest Code

- Guard against all risks of fire
- Protect and respect wildlife, plants and trees
- Keep dogs under control
- Take your litter home
- Respect the quiet of the forest
- Take only memories away

[www.forestry.gov.uk/scotland](http://www.forestry.gov.uk/scotland)

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## The Trails

You can explore the wooded hillside, the wide moss and the burnside fields on the many carefully-maintained trails. It's great for a family cycle ride or for joggers or horse-riders keen to get away from the roads.

Along the way, look for the stone bridges over the burn. There is a viewpoint over the treetops and the iron man standing by the side of the path. Through the wetlands, the trail is raised above the boggy ground. The slopes are gentle.



### Map Key

- Road
- Trail
- Other Paths
- Car Park
- Information
- Ancient monument
- Play Area

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